



...enabling, encouraging and empowering people who work in palliative care...

For all that has been – Thanks!

To all that will be – Yes!

(Dag Hammarskjöld)

2016 is the year when we look back over 30 years since 1986 and the founding of what was then known as St Columba's Fellowship. Eight people, including Prue Dufour, the first director, met at St Columba's House near Woking to discuss 'how to sustain a Christian presence' in the palliative care world. Taking the name of their venue for the newly formed fellowship they started on a journey which has continued until now. In November, at our Hothorpe Hall conference, we will be marking this with a Tea Party and special Service of Celebration. If you would like to join us please consider coming for the whole conference – November 4th to 6th – but if this is not possible then we would love to see you on Sunday November 6th at 14.00. If you would like to attend please contact Liz Day (daysieday@hotmail.com) or Ruth Clark (bookings@hospice23.org) by October 1st 2016.

AGM

2016

VENTURING NORTH!

Our 2016 AGM is on April 28th

There will be a morning presentation entitled **'Keeping on keeping on'** followed by lunch and then a short AGM. This will be held at Trinity Hospice, Low Moor Road, Bispham, Blackpool, FY2 0BG. Please visit our website for further details

Please book early for our 2016 Conference

Exploring Resilience within Palliative and End of Life Care

**Full details available on our website or from
bookings@hospice23.org**

Registered Charity 1153909

Patrons: Dr Peter Atkins FRCGP · Prof Julia Downing · Dr Andrew Fergusson MRCGP · Victoria Nevard · Stuart Townend

Trustees: Mrs Liz Day (Chair) · Dr Susan Salt · Miss Marina O'Brien · Dr Carolyn Watt · Revd Dr Cameron Langlands · Dr Catherine D'Souza · Mrs Jane Lings

Hon Treasurer: Ruth Clark

hospice23, 41 St Johns Road, Great Wakering, Southend-on-Sea, Essex, SS3 0AL

Lee Abbey was the venue for our 2015 conference. The theme of 'Compassionate Care' was explored at personal, professional, and institutional levels. Comments from delegates included:

(I was able to) re-focus on what it means to provide compassionate care and to be compassionate towards others;

great to have some reflective time;

the importance of the patient's voice and enabling them to make choices;

shame there were not more people here to benefit from the words and the space

Lively and engaging presentation; inspiring

Learning to be rather than do

Empowerment is key - to enable rather than impose

I particularly enjoyed the reflective sessions with words and music

A View from Lee Abbey



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The Trustees of hospice23 have been discussing how best to continue supporting those people who work in palliative and end-of-life care. In the past that has been achieved by convening multidisciplinary conferences at venues like Lee Abbey, Scargill House and Hothorpe Hall. However, we recognise the difficulties of restricted study leave, financial costs, and conference locations.

We are considering whether day programmes taken around the country to various venues would be a viable option, and also whether or not to organise weekend retreats which would be less about CPD and more about spiritual refreshment.

We would welcome comments and ideas from YOU so please write and let us know what you think.

**We can be contacted via our administrator, Ruth Clark, at  
[bookings@hospice23.org](mailto:bookings@hospice23.org)**



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